

SEPTEMBER



I'm
BIANCA
"BOOST"
BLUEBERRY

GOOD EATS AT
Ira Cafeteria

SPECIAL ANNOUNCEMENTS
Milk and juice will be served at breakfast.
Milk and fruit will be served at lunch

M	T	W	TH	F
NO SCHOOL 2	Waffles & Sausage Crispy Taco Frito Pie Ranch Style Beans Tiny Tomatoes Cucumbers Orange Smiles 3	Oatmeal & Cinnamon Toast Lasagna Hamburger Mashed Potatoes Salad Garlic Bread Pears 4	Sausage Biscuit Popcorn Chicken Hot Dog Smiley Fries Baby Carrots Snowball Salad 5	Breakfast Bread Pulled Pork Slider Chicken Parmesan Salad Green Beans Grapes 6
Pancakes & Sausage BBQ Chicken Corn Dog Tater Tots Broccoli Apples 9	Breakfast Burrito Nacho Grande Chicken Fajita Refried Beans Tomatoes/Cucumber Salad Peaches/Sherbet 10	Biscuit, Gravy, Bacon, Eggs Breaded Chicken Patty on Bun X-Treme Burrito Sweet Peas Oven Fries Mandarin Oranges 11	Muffins & Yogurt Hamburger Steak Turkey Wrap Mashed Potatoes Salad Biscuit Fruity Jello 12	Dutch Waffle Pizza Choice Hot Ham & Cheese Chips Carrots Sticks Fruit/ Devils Fook Cake 13
Waffles & Bacon Country Fried Steak Meatloaf Mashed Potatoes Okra Roll Strawberries 16	Cinnamon Roll Meat & Cheese Chalupas Enchiladas Spanish Rice Ranch Style Beans Applesauce 17	Breakfast Pizza Chicken Tenders Pig in a Blanket Tots Broccoli Salad Pineapple 18	Breakfast Taquito Chicken Spaghetti Pizza Stick Salad Carrots Apple Slices 19	Biscuit, Gravy, Eggs Shrimp Poppers BBQ on a Bun Green Beans Coleslaw Fruit/ Rice Crispy 20
Sausage Biscuit Steak Fingers Hamburger Fries Veggie Cup Fruit Cocktail/Cookie 23	Breakfast Burrito Tex-Mex Stack Taqitos & Queso Spanish Rice Refried Beans Peaches 24	French Toast Chicken Alfredo Calzone Italian Veggies Salad Hot Cinnamon Apples 25	Pancakes & Sausage Carne Guisada Turkey Wrap Pinto Beans Baby Carrots Mandarin Oranges 26	Fruitel & Cheesestick Popcorn Chicken Breaded Pork Chop Mashed Potatoes Green Beans Rolls Apple Slices 27
Breakfast Pizza Steak Quesadilla Corn Dog Ranch Style Beans Corn Apple Crisp 30				

GET READY

FOR NATIONAL SCHOOL LUNCH WEEK
OCTOBER 14-18
SquareMeals.org/NSLW



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
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