



JANUARY

2021

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Special Announcements:

Milk, fruit and juice will be served with breakfast.
Milk and fruit will be served with lunch.

No School

1.

No School

4.

No School

5.

Frudel
Burritos
Corn Dog
French Fries
Corn
Mandarin Oranges

6.

Biscuit & Sausage
Chicken Nuggets
Soft Taco
Ranch Style Beans
Veggie Cup
Apples

7.

Breakfast Pizza
Hamburger
Hot Dogs
Chips
Salad
Fruit/Dessert

8.

Pancake Wrap
Parmesan Chicken
Turkey Wrap
Broccoli
Baby Carrots
Fruit

11.

French Toast
Steak Fingers
Popcorn Chicken
Mashed Potatoes & Gravy
Texas Toast
Green Beans
Apples

12.

Waffles & Bacon
Pasta Bake
Cheesy Breadstick
Sweet Peas
Salad
Oranges

13.

Muffins

Sack Lunch
(Uncrustable)

14.

No School

15.

Kolache & Yogurt
Chicken Strips
Meatloaf
Okra
Mashed Potato
Hot Roll
Fruits

18.

Breakfast Burrito
Walking Taco
Corn Dog
Black Eye Peas
Veggie Cup
Banana Pudding

19.

Pancake Bites
Asian Chicken w/Egg Roll
Salisbury Steak
Asian Rice
Steamed Veggie
Applesauce

20.

Cinnamon Roll
Pizza
Spaghetti
Salad
Baby Carrots
Fruit

21.

Biscuit & Sausage
Hamburger
Philly Cheesesteak
French Fries
Baked Beans
Apple Slices

22.

Frudel
Taco Soup
Grilled Cheese
Chips
Veggie Cup
Orange Smiles

25.

Breakfast Pizza
Chicken Quesadillas
Taqitos W/ Queso
Pinto Beans
Corn
Fruit

26.

Muffins & yogurt
Beefy Macaroni
Chicken Nuggets
Celery w/Peanut Butter
Carrot Coins
Pineapple

27.

Waffles & Bacon
X-trem Burrito
Ham & Cheese Sub
Chips
Cucumbers
Fruit Cocktail

28.

Dutch Waffle
BBQ on Bun
Hot Dog
Tater Tots
Ranch Style Beans
Fruit/Dessert

29.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



Updated 01/2020
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TEXAS STAR CITRUS

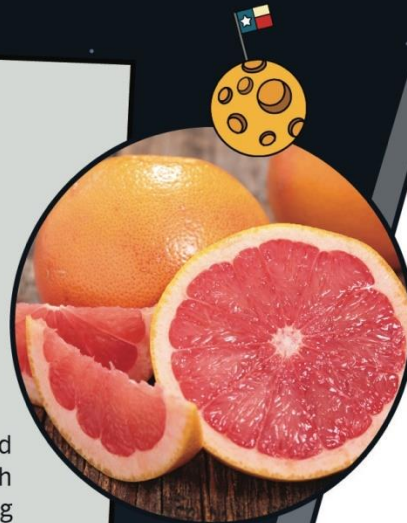
Stars are giant balls of superhot gas. Explosions in their centers create the bright light that we see. Did you know that our sun is a star? The star closest to earth is the sun. It takes about 8 minutes for light to travel from the sun to the Earth, so it is about 8 light minutes away. It takes 4.2 years for light from the next closest star, Proxima Centauri, to travel to Earth. It is 4.2 light years away. When you see the sun, you are seeing what it looked like 8 minutes ago and you see what Proxima Centauri looked like 4.2 years ago.



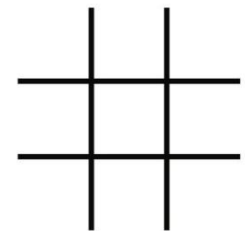
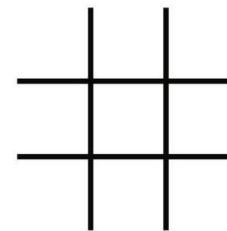
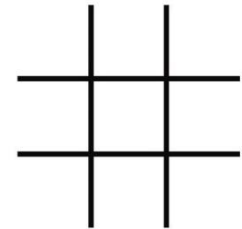
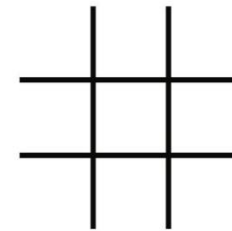
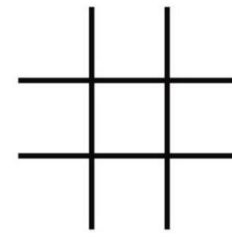
DID YOU KNOW?

Red grapefruit is the state fruit of Texas. In 1929 Texas citrus growers discovered a special grapefruit with a red color inside. Red grapefruit became the Official State Fruit of Texas in 1993.

Many people think the red grapefruits taste sweeter. Grapefruits got their name from growing in bunches like grapes. The Texas red grapefruit is high in vitamins A and C, which means eating a Texas red grapefruit or drinking its juice, is good for the eyes and skin, and strengthens the body's immune system.



TIC-TAC-TOE



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