

# APRIL

2021

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**Special Announcements:**  
Milk, fruit, and juice will be served with breakfast.  
Milk and fruit will be served at lunch.

French Toast & Bacon  
Pig in Blanket  
Burritos  
French Fries  
Salad  
Jello 1.

No school 2.

Muffins & Yogurt  
Carne Guisada  
Taquitos & Queso  
Beans  
Corn  
Applesauce 5.

Sausage, Egg, Biscuit  
Chicken Fry on a Bun  
Uncrustable  
Chips  
Veggies  
Fruit 6.

Breakfast Pizza  
Beefy Macaroni  
Chicken Nuggets  
Black Eye Peas  
Steamed Veggies  
Fruit/ Ice Cream 7.

Breakfast Burrito  
Hamburger  
Hot Dog  
French Fries  
Carrots  
Strawberries & Bananas 8.

Mini Pancakes & Bacon  
Frito Pie  
Ham & Cheese Sub  
Salad  
Tomatoes  
Oranges 9.

No School 12.

Frudel  
Tator Tot Casserole  
Meatball Sub  
Baked Beans  
Sweet Peas  
Pineapple 13.

Cinnamon Roll  
Popcorn Chicken  
Philly Cheesesteak  
Oven Roasted Potatoes  
Green Beans  
Grapes 14.

Breakfast Bread  
Pizza Choice  
Cheesy Breadstick  
Salad  
Broccoli  
Fruit 15.

Biscuit, Bacon, Egg  
BBQ on a Bun  
Corn Dog  
Tator Tots  
Cucumbers  
Cookie/Fruit 16.

Mini Waffles & Sausage  
Pasta Bake  
Chicken Parmesan  
Salad/ Breadsticks  
Italian Veggies  
Apples 19.

French Toast Sticks & Bacon  
Walking Taco  
Burrito  
Pinto Beans  
Corn  
Mandarin Oranges 20.

Kolache & Yogurt  
Hamburger  
Uncrustable  
Chips  
Carrots  
Cinnamon Applesauce 21.

Pancake Wrap  
Soft Taco  
Turkey Wrap  
Ranch Style Beans  
Tiny Tomatoes  
Mixed Fruit 22.

Donut Holes  
Chili Cheese Dog  
Chicken Strip  
French Fries  
Cucumbers  
Fruit 23.

Muffins & Yogurt  
Crunchy Taco  
Tamale  
Ranch Style Beans  
Spanish Rice  
Bananas 26.

Dutch Waffle  
Steak Fingers  
Meat Loaf  
Mashed Potato  
Sweet Pea/ Rolls  
Pineapples 27.

Biscuit, Egg, Bacon  
Beef Quesadilla  
Chicken Fajita  
Pinto Beans  
Corn  
Fruit 28.

Cinnamon Roll  
Chicken Nugget  
Fish Sticks  
Green Beans  
Mac & Cheese  
Oranges 29.

Frudel  
Pizza Choice  
Hot Pocket  
Salad  
Green Beans  
Pears 30.

Art Contest Deadline Apr. 2



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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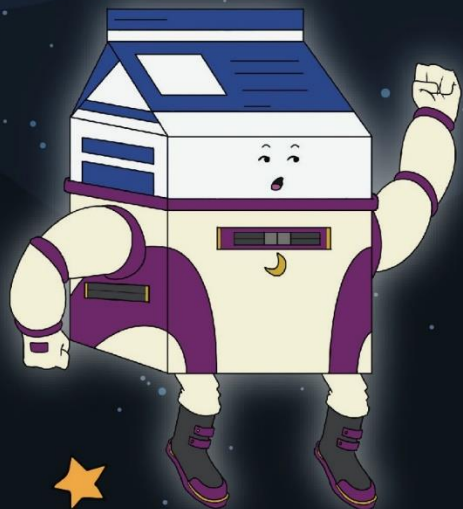
Food and Nutrition Division  
National School Lunch Program and School Breakfast Program



Updated 01/2020  
www.SquareMeals.org

# MOON MILK

The moon is more than 200,000 miles away from the Earth. At this distance it takes about three full days for astronauts to travel from the Earth's surface to land on the moon. Because it is Earth's closest neighbor, we have been able to gain more knowledge about it than any other body in the Solar System besides the Earth. The moon is also the brightest object in the night sky. Today, astronomers know that the moon is slowly moving away from the Earth. But at the rate it is traveling, about 1.5 inches per year, it will be lighting up our night sky for a long time.



## WORD SEARCH

A	G	Z	J	N	W	L	A
C	A	B	L	X	K	J	C
A	Z	T	D	C	D	R	A
L	T	E	X	A	S	D	L
C	S	Q	B	D	I	E	V
I	B	D	A	I	F	R	I
U	G	W	O	C	G	E	Y
M	I	L	K	T	V	H	N

## DID YOU KNOW?

Milk is a popular dairy product and it is an excellent source of calcium and vitamin D. The delicious low-fat or fat-free milk you get at school comes from dairy cows.

Dairy products help build strong bones so you can grow up healthy. Three daily servings of dairy products are recommended for school age children. Some sources of dairy include milk, cheese, and yogurt.



COW MILK  
CALCIUM TEXAS  
DAIRY

