

SEPTEMBER

2020

Ira ISD



m

Cheese Omelet & Biscuit
Breaded Drumstick
Chili cheese combo
Sweet potatoes
Veggie cups
Fruit

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1.

Waffles & sausage
Chicken nugget
Asian bowl
Black eyed peas
Garden salad
Fruity Jell-O

w

2.

Breakfast Pizza
Hamburger
Baked potato
Bread
Celery/carrots
Applesauce/cookie

th

3.

Donut holes & sausage
Pizza Choice
Grilled Cheese
Chips
Tiny Tomato
Corn
Grapes

f

4.

NO SCHOOL

7.

Breakfast burrito/hash browns
Crispy tacos
Frito pie
Spanish rice/ refried beans
Cucumbers
Orange smiles

8.

Biscuit, gravy, bacon, eggs
Lasagna
Chicken nuggets
Mashed potatoes
Broccoli
Fruit/Cookies

9.

Sausage kolache & yogurt
Pulled pork sliders
Chicken parmesan
Chips/breadstick
Green beans/salad
Snowball salad

10.

Breakfast sandwich
Hamburger
Pizza choice
Steak fries
Carrots
Pineapple

11.

Waffles & bacon
Country fried steak
Meatloaf
Mashed potatoes
Okra/ roll
Strawberries & Banana

14.

Sausage, egg, & cheese biscuit
Meat & Cheese Chalupa
Enchiladas
Spanish rice/ beans
Cucumbers
Applesauce

15.

Breakfast Pizza
Chicken tenders/bread
Hamburger
Broccoli
Sweet potatoes
Mixed Fruit

16.

Cinnamon Roll & sausage
Chicken Spaghetti
Pizza choice
Garden salad
Carrots
Apples

17.

Biscuit, gravy, scrambled eggs
Fish sticks/ mac and cheese
BBQ on a bun
Chips
Coleslaw/green beans
Orange smiles/ Dessert

18.

Sausage biscuit
Steak fingers
Boneless chicken wings
Oven fries
Tomatoes
Strawberries & bananas

21.

Breakfast burrito/ hash browns
Baked Pasta
French bread pizza
Garden salad
California blend veggies
Fruit cup

22.

Dutch waffle/bacon
Popcorn chicken
Philly cheesesteak
Vegetable medley
Diced potatoes
Pears/Crisp

23.

Pancakes/sausage
Tacos
Tamales
Spanish rice/beans
Corn
Fresh fruit

24.

French toast/bacon
Sloppy joe
Turkey wrap
Chips
Celery sticks/carrots
Banana Pudding

25.

Breakfast Pizza
Pizza choice
Spaghetti
Carrots
Garden Salad
Fresh fruit/Graham crackers

28.

French toast sticks/sausage
Nachos Grande
Fiesta Bowl
Beans
Cucumbers
Peaches/Ice cream

29.

Biscuit, Gravy, Scrambled Eggs, Bacon
Asian Bowl
Xtreme Burritos
Fresh Veggie cup
Corn
Fruity Gelatin

30.

Special Announcements:

Milk and juice will be served at breakfast.
Milk will be served at lunch.



