

OCTOBER 2017

NATIONAL SCHOOL LUNCH WEEK
OCTOBER 9-13
squaremeals.org/nslw

MON	TUE	WED	THUR	FRI
Breakfast Pizza Enchiladas Taquito W/Queso Ham & Cheese Hot Pocket Spanish Rice Charro Beans Seasoned Corn Apple Crisp 2	Chicken-n-Biscuit Tator Tot Casserole Meatball Sub Corn Dog Black Eyed Peas Veggie cup Mixed Fruit 3	Biscuit Gravy Scrambled Eggs & Bacon Chicken Nuggets Asian Stir Fry Turkey Wrap Mac & Cheese Green Beans Salad Flatbread Apple Slices 4	Sausage on a Stick & Yogurt Pizza Choice Fiesta Bowl Seasoned Corn Pinto Beans Tiny Tomatoes Fruity Jell-O 5	Cinnamon Roll Hamburger Frito Pie Philly Cheese Steak Lettuce/Tomato Garnish Cucumber Slices Baby Carrots Cinnamon Applesauce/Cookie 6
NO SCHOOL	Sunrise Sandwich Spaghetti French Bread Pizza Hot Dog Salad Breadsticks California Veggies Grapes/ Pudding 10	French Toast & Sausage Boneless Chicken Wings Texas Chili/Cracker Ham & Cheese Sandwich Chips Celery Stick Carrot Stick Orange/Brownie Waffles & Sausage 11	Oatmeal & Cinnamon Toast Chicken Quesadilla Tamales Pizza Stick Spanish Rice Refried Beans Mexicali Corn Sliced Peaches 12	Breakfast Burrito & Hash Browns Popcorn Chicken Sloppy Joe Tuna Wrap Smiley Fries Broccoli Bites Fruit Cup 13
Kolache & Yogurt 9 Breaded Drumstick BBQ on a Bun Chicken Salad Sandwich Texas Toast Baby Carrots Corn Fruit Cocktail Cookie 16	Breakfast Taquito Crispy Tacos Frito Pie Taquito W/Queso Spanish Rice Charro Beans Veggie Cup Pineapple Apple D'Lish 17	Lasagna Chicken Nuggets Teriyaki Beef Sub Mashed Potatoes Tuscan Veggies Salad Texas Toast Pears 18	Breakfast Pizza Hamburger Hot Dog W/Chili & Cheese Burrito Oven Fries Baby Carrots Hamburger Garnish Orange Smiles 19	Donut Holes Chicken Parmesan Pizza Choice Green Beans Salad Breadsticks Pineapple 20
Pancakes & Sausage Oven Roasted Chicken Corn Dog Turkey Wrap Baked Beans Tater Tots Broccoli Bites Sparkly Apples 23	Breakfast Burrito Nachos Grande Soft Taco Hamburger Refried Beans Tiny Tomatoes Cucumber Slices Peaches 24	Biscuit, Scrambled Eggs & Bacon Chicken Patty on a Bun X-Treme Burrito Hot Pocket Oven Fries Corn Veggie Cup 25	Muffins & Yogurt Asian Chicken Salisbury Steak Egg Roll Roasted Potatoes Asian Rice Salad Fruity Jello 26	Breakfast Club Pizza Choice Hot Ham & Cheese Broccoli Salad Chips Carrot Sticks Fruit/Brownie 27
Waffles & Bacon Country Fried Steak Meatloaf Teriyaki Beef Sub Mashed Potatoes Okra Rolls Strawberry Cup 30	Cinnamon Roll & Sausage Meat & Cheese Chalupas Enchiladas Uncrustable Spanish Rice Ranch Style Beans Zesty Cucumbers Rosy Applesauce 31	Mandarin Oranges		

Good Eats at:
Ira Cafeteria

SPECIAL ANNOUNCEMENTS
Milk Juice & Fruit
Will Be served at
breakfast as well as
lunch.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

FUN FACTS
on back! ➔