

SEPTEMBER 2017

MON

TUE

WED

THUR

FRI

SPECIAL Announcements

Milk, Juice & Fruit will be served at Breakfast as well as Lunch.

Good Eats at: Ira Cafeteria

GET READY FOR NATIONAL SCHOOL LUNCH WEEK! OCTOBER 9-13 squaremeals.org/nslw

Breakfast Burrito
Popcorn Chicken
Sloppy Joe
Uncrustable
Broccoli Bites
Oven Fries
Fruit 1

9.4

Labor Day

NO SCHOOL 4

Kolache
Breaded Drumstick
Pizza Choice
Corn
Baby Carrots
Salad
Texas Toast
Grapes/Cookie 5

Cheese Omelet Wrap
Soft Taco
Frito Pie
Burrito
Charro Beans
Veggie Cup
Pineapple 6

Waffles & Sausage
Lasagna
Chicken Nuggets
Tuna Sandwich
Mashed Potatoes
Salad
Tuscan Vegetables
Breadstick 7

Breakfast Pizza
Hamburger
Hotdog
Turkey Wrap
Oven Fries
Baby Carrots
Hamburger Garnish
Orange Smiles 8

+200
+100
+50

Pancakes & Sausage
Oven Roasted Chicken
Corn Dog
Ham & Cheese Hot Pocket
Baked Beans
Broccoli
Tator Tots
Pineapple Apple D'14

Breakfast Burrito
Nachos Grande
Taco Soup
Grilled Cheese
Refried Beans
Tomato Cup
Cucumber Slices
Cornbread
Peaches/Sherbet 12

Biscuit, Scrambled Eggs,
Bacon
Chicken Patty On a Bun
X-Treme Burrito
Turkey Wrap
Corn
Veggie Cup
Lettuce/Tomato Garnish
Mandarin Oranges 13

Muffins & Yogurt
Asian Chicken
Salisbury Steak
Egg Roll
Rice
Roasted Potatoes
Salad
Fruity Jell-O 14

Breakfast Club
Pizza Choice
Hot Ham & Cheese
Chips
Baby Carrots
Broccoli Salad
Fruit/Brownie 15

Waffles & Bacon
Country Fried Steak
Meatloaf
Teriyaki Beef Sub
Mashed Potatoes
Okra
Rolls
Strawberry Cup 18

Cinnamon Roll
Meat & Cheese Chalupas
Enchiladas
Uncrustable
Spanish Rice
Ranch Style Beans
Zesty Cucumbers
Lettuce/Tomato Garnish
Rosy Applesauce 19

Breakfast Pizza
Chicken Tenders
Hamburger
Corn Dog
Broccoli
Sweet Potato Fries
Fruit Cocktail
Rice Crispy Treat 20

Sausage, Egg & Cheese
Sandwich
Chicken Spaghetti
Pizza Choice
Salad
Carrot Coins
Apple Slices 21

Pita Pocket
BBQ on a Bun
Grilled Chicken on a Bun
Shrimp Poppers
Mac & Cheese
Green Beans
Coleslaw
Orange 22

Sausage Biscuit
Steak Fingers/Gravy
Chicken Strips
Hamburger
Oven Fries
Rolls
Mixed Fruit 25

Breakfast Burrito
Tex-Mex Stack
Chicken Fajitas
Hot Dog
Spanish Rice
Refried Beans
Tomato Cup
Hot Cinnamon Apples 26

Waffles & Sausage
Chicken Alfredo
Calzone
Ham & Cheese
Tuscan Vegetables
Salad
Breadsticks
Peaches/Cookie 27

Stuffed Bagel
Country Pot Pie
Fish Shapes
Grilled Cheese
Broccoli Bites
Veggie Cup
Snowball Salad 28

French Toast Sticks & Bacon
Popcorn Chicken
Roast Beef Sandwich
Burrito
Mashed Potatoes
Corn
Green Beans
Rolls 29
Apple Slices



Fun facts on back!



TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER