

February 2025 | Ira Cafeteria



Announcements:

Milk and juice will be served for breakfast.

Milk will be served at lunch.



Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast Pizza Corn Dog Hamburger Fries Tiny Tomatoes	4 Sausage Biscuit Quesadilla Turkey Wrap Beans Cucumbers Peaches	5 French Toast Chicken on a Bun Spaghetti Salad\Breadstick Italian Veggies Fruit/Jello	6 Pancake Wrap Asian Chicken Chef Salad Broccoli Corn Mandarin Oranges	7 Frudel Pizza Beefy Macaroni Green Beans Carrots Fruit/cookie
10 Pancakes & Bacon Country Fried Steak Fish Mashed Potatoes Squash Apple Slices	11 Muffins Nacho Grande Taco Salad Beans Carrots Hot Cinnamon Apples	12 Kolache & Yogurt Chicken Alfredo Meatball Sub Salad\Breadstick California Blend Veggies Oranges	13 Sausage Biscuit Popcorn Chicken Carne Guisada Corn Broccoli Salad Strawberry Shortcake	14 French Toast Stick Sack Lunch (uncrustable)
17 No School	18 Waffles & Sausage Chicken & Waffles Chef Salad Fresh Veggies Tots\Applesauce	19 Breakfast Pizza Pizza Chicken Nuggets Mac & Cheese Carrots\Pears	20 Biscuit, Eggs, Bacon Hamburger Breaded Mozzarella Stick Chips\Salad\Tomatoes Apple Slices\Grapes	21 Doughnuts Popcorn Chicken Burrito Fries/Cucumbers Pineapple
24 Sausage Biscuit Chicken Spaghetti Breaded Drumsticks Sweet Tots Salad Breadstick	25 Dutch Waffle Frito Pie Ham & Cheese on Pretzel Beans Veggies Banana	26 Pancakes & Bacon Chicken Parmesan Cheesy Breadstick Celery\Marinara Cup Broccoli Peaches	27 Breakfast Burrito Boneless Wings Soft Taco Beans Carrots Fruit Cocktail\Sherbet	28 Frudel TaterTot Casserole Hot Dog Green Beans Corn Fruit



Beets

Season in Texas: January - March;
September - November

Did you know?

The main part of the beet that is eaten is the root; you can also eat the greens



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
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