

October 2025

Ira ISD Cafeteria



Announcements

Milk and juice will be served at breakfast.

Milk will be served at lunch.

Baked potatoes with salad bar will be a lunch choice for grades 6th-12th.



In addition to lunch entrée, salad bar will also be available for A La Carte Purchase.

Mexican Combo is one crunchy taco with two tamales.

FYI: On October 28th, you may want to celebrate your favorite Cafeteria Lady Tara's Birthday! ;)

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Muffins & Yogurt <u>Calzone</u> Sweet Peas Sweet Potato Tot Marinara Cup Pineapple	2 Waffles & Sausage <u>Fiesta Bowl</u> Refried Beans Rice Celery\Salsa Mixed Fruit	3 Sausage Biscuit <u>Chicken Parmesan</u> Breadstick Squash Salad Apples
6 Breakfast Pizza <u>Beefy Macaroni</u> Green Beans Tiny Tomatoes Cornbread Fruit	7 Dutch Waffles <u>Nacho Grande</u> Refried Beans Rice Carrots Fruit Ice Cream	8 Biscuits,Eggs,Bacon <u>Asian Chicken</u> Egg Roll Pacific Blend Veggies Corn Oranges	9 Pancake Wrap <u>Pizza Choice</u> Salad Green Beans Apples Peach Cobbler	10 FrenchToast&Sausage <u>Crispy Chicken</u> <u>Sandwich</u> Veggie Cup Tots Apples
13 No School	14 Sausage Biscuit <u>Country Pot Pie</u> Black Eye Pea Sweet Potatoes Fruit	15 Breakfast Pizza <u>Lasagna</u> Salad California Veggies Garlic Toast Pears	16 Breakfast Burrito <u>Popcorn Chicken</u> Corn Broccoli Salad Fries Peach Crisp	17 Donut Holes <u>Chicken Fajitas</u> Beans Carrots Salsa Hot Cinnamon Apples
20 Kolache & Yogurt <u>Mexican Combo</u> Beans Corn Salsa Banana Pudding	21 Pancakes & Bacon <u>Steak Fingers</u> Mashed Potatoes Green Beans Rolls Strawberries	22 Pancake Wrap <u>Pasta Bake</u> Salad Breadstick Tiny Tomatoes Pears	23 Donut Holes <u>Chicken & Waffles</u> Fries Cucumbers Oranges	24 French Toast <u>Hamburger</u> Chips Tomato\Lettuce Fruit
27 No School	28 Breakfast Burrito <u>Walking Taco</u> Beans Veggies Pears Cookie	29 Sausage Biscuit <u>BBQ Wings</u> Baked Beans Celery Carrots Fruit Sherbet	30 Breakfast Pizza <u>Pizza Choice</u> Steamed Broccoli Carrot Coins Cinnamon Applesauce	31 Frudel <u>Sack Lunch</u> (Uncrustable)



TEXAS DEPARTMENT OF AGRICULTURE
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