

MONDAY

3RD Pancakes & Bacon
Breaded Drumstick
Chicken Spaghetti
Sweet Pot. Tots
Salad
Apples

10th

No school

17th Muffins & Yogurt
Country Fried Steak
Hamburger
French fries
Steamed Veggies
Strawberries

24th Kolache
Stuffed Baked Potato
BBQ on Bun
Chips
Veggie Cup
Oranges Smile

31st Pancakes & Bacon
Breaded Drumsticks
Chicken Patty on Bun
Sweet Tots
Salad
Spooky Pudding

TUESDAY

4th Breakfast Burrito
Walking Taco
Chicken on a Bun
Ranch Style Beans
Veggie Cup
Pineapple

11th French Toast

Chicken Quesadilla
Ham&Cheese on Pretzel bun
Baked Beans
Cucumber
Fruit

18th Breakfast Taquito
Nacho Grande
Chicken Fajita
Refried Beans
Baby Carrots
Hot Cinnamon Apples

25th Cheese Omelet
Tator Tot Cassarole
Chicken Nuggets
Black Eye Peas
Salad
Banana

WEDNESDAY

5th Waffles & Sausage
Pizza
Cheesy Bread
Broccoli
Marinara Dipping Sauce
Applesauce

12th Scrambled

Eggs w/sausage &Gravy
Pizza
Spaghetti & Meatball
Salad
Veggie cup
Fruity Jello

19th Breakfast Pizza
Chicken Alfredo
Meatball Sub
Salad
Green Beans
Peaches

26th Biscuit & Sausage
Pizza Choice
Fish Sticks
Baby Carrots
Squash
Grapes

THURSDAY

6th Sausage Biscuit
Tex-Mex
Boneless Chicken Wings
Celery
Carrots
Mixed Fruit

13th Pancake Wrap

Asian Bowl
Breaded Pork Chop
Broccoli
Corn
Mandarin Oranges

20th Frudel
Popcorn Chicken
Carne Guisada
Corn
Broccoli Salad
Apple Slices

27th Breakfast Pizza
Hamburger
Breaded Mozzarella Sticks
Tomato Cup
Salad
Pears

FRIDAY

7th Donut Holes
Chicken Strip
Salisbury Steak
Green Beans
Corn
Peaches

14th Cinnamon Roll

Beefy macaroni
Burrito
Carrot Coins
Salad
Fruit
Cookie

21st Breakfast Burrito
Frito Pie
Hot Dog
Potato Wedge
Tomato Cup
Snowball Salad

28th Dutch Waffles
Extreme Burrito
Philly Cheesesteak
Sweet Pea
Cucumbers
Rosy Applesauce

OCT

MENU 2022

GEAR UP FOR SWIM CLASS



ANNOUNCEMENTS:

- Due to manufactory shortages, menu is subject to change.



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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